

CONDITIONS AND DISEASES VIDEO SERIES AND SEGMENTS TO DATE

Medical Education

HealthiNation has produced a variety of informative disease-specific series and segments that provide viewers with overviews on conditions. The videos focus on specific areas, such as: signs, symptoms, diagnosis, prevention and treatments. Topics include:

<i>ADHD in Adults/ADHD in Kids</i>	<i>Diabetes</i>	<i>Overweight Children</i>
<i>Allergies</i>	<i>Erectile Dysfunction</i>	<i>Pregnancy</i>
<i>Alzheimer's Disease</i>	<i>Fibromyalgia</i>	<i>Prostate Cancer</i>
<i>Arthritis</i>	<i>Food Allergies</i>	<i>Psoriasis</i>
<i>Asthma</i>	<i>Gout</i>	<i>Restless Leg Syndrome</i>
<i>Autism</i>	<i>Heart Disease</i>	<i>Rheumatoid Arthritis</i>
<i>Back Pain</i>	<i>Heartburn and GERD</i>	<i>Rosacea</i>
<i>Bipolar Disorder</i>	<i>Herpes</i>	<i>Shift Work Sleep Disorder</i>
<i>Birth Control</i>	<i>High Blood Pressure</i>	<i>Skin Cancer</i>
<i>Breast Cancer</i>	<i>HPV</i>	<i>Sleep Apnea</i>
<i>Cholesterol</i>	<i>Macular Degeneration</i>	<i>Stress Relief</i>
<i>Chronic Dry Eyes</i>	<i>Major Depressive Disorder (MDD)</i>	<i>Stroke</i>
<i>Common Cold</i>	<i>Menopause</i>	<i>The Flu</i>
<i>COPD</i>	<i>Migraines</i>	<i>Triglycerides</i>
<i>Deep Vein Thrombosis</i>	<i>Osteoporosis</i>	<i>Vision and Eye Health</i>
<i>Depression</i>	<i>Overactive Bladder</i>	

Quick Tips

HealthiNation has produced a variety of *Quick Tips* series and segments that cover a broad range of topics from medical education to lifestyle. *Quick Tips* is designed to capture viewer attention with accurate and easily digestible information. Topics include:

<i>Acne</i>	<i>For All (Allergies, Drinking, Longer Life, Sleep, Thyroid)</i>	<i>Kids, For Parents (Drinks, Trips, Toys, Pediatricians)</i>
<i>Constipation</i>	<i>For Men (ED, Muscle Foods, Stress)</i>	<i>Menopause</i>
<i>Food and Diets</i>	<i>For Women (Birth Control, Bones)</i>	<i>Skin/Dermatology</i>
<i>For a Better You (Dieting, Smoking, Stress)</i>	<i>Cramps, Orgasms, Shrinking)</i>	<i>Triglycerides</i>

Better You

The *Better You* series features stories about individuals who are managing or who have overcome health issues that viewers can identify with. Enlightening and powerful, this series helps viewers put themselves on the path to better health. Topics include:

<i>Weight Loss</i>	<i>Quit Smoking</i>
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Health Insights

Health Insights series and segments are developed for patients living with chronic conditions and feature interviews with disease experts who take a deeper dive into the common questions and issues facing sufferers. Topics include:

<i>Diabetes: Blood Sugar</i>	<i>OAB: Talking to Your Doctor</i>	<i>OAB: The Future of Treatments</i>
<i>Diabetes: Diet</i>	<i>OAB: Behavioral Therapies</i>	<i>Irritable Bowel Syndrome</i>
<i>Diabetes: Insulin Therapy</i>	<i>OAB: Medication Therapies</i>	<i>Inflammatory Bowel Disease</i>
<i>OAB: Is It OAB?</i>	<i>OAB: Surgical Options</i>	

True Champions

True Champions features dynamic individuals who are either living with or caring for people who are suffering from chronic conditions. These individuals are *True Champions* because they do not define themselves or loved ones by their disease. Instead, they inspire and educate others by sharing their personal experiences and successful coping strategies. Topics include:

<i>Asperger's Syndrome</i>	<i>Rheumatoid Arthritis</i>
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True Life Stories

The *True Life Stories* documentaries feature real patients who are living with, are successfully managing, or have overcome a medical condition. These emotional stories are easily relatable as consumers can empathize with the sufferer. Topics include:

<i>Asthma</i>	<i>Heartburn and GERD</i>	<i>Overweight Children</i>
<i>Cancer Survival</i> <i>(Bone, Breast, Chemotherapy, Skin)</i>	<i>Hypertension</i>	<i>RA</i>
<i>Cholesterol</i>	<i>HPV</i>	<i>Skin Cancer</i>
<i>Depression</i>	<i>Life after a Heart Attack</i>	<i>Sleep Apnea</i>
<i>Diabetes (Type 1 and Type 2)</i>	<i>Menopause</i>	
	<i>Osteoporosis</i>	

Additional Programming

HealthiNation has produced additional series and segments on a variety of topics. Content ranges from the more broad (*Home First Aid*) to the more niche (*Cosmetic Procedures: Microdermabrasion*), and include all of the following:

<i>Best Hospitals</i> <i>(with US News & World Report)</i>	<i>Diabetes and Nutrition</i>	<i>Pregnancy and Nutrition</i>
<i>Cancer Treatments</i>	<i>Health Insurance Basics</i>	<i>Self-Breast Exam</i>
<i>Chemotherapy</i>	<i>High Blood Pressure Nutrition</i>	<i>Skin Safety</i>
<i>Cholesterol and Nutrition</i>	<i>Home First Aid</i>	<i>Skin Self Exam</i>
<i>Cosmetic Procedures:</i>	<i>Home Safety for Seniors</i>	<i>Sleeping Problems</i>
<i>Microdermabrasion</i>	<i>Kids and Colds</i>	<i>Smoking: Quit Now</i>
	<i>Kids and Sleep</i>	<i>Weight Loss Surgery</i>

In addition to our existing library above, HealthiNation produces several segments addressing new topic areas each quarter.